

Tenoten® instructions

translated from original Russian instructions by Extrapharmacy Online Store

<http://extrapharmacy.ru>

Name in Cyrillic : TEHOTEH

Tenoten is tablets for resorption in the mouth

Each tablet contains 3mg of antibodies to the brain-specific protein S-100 affinity purified

Pharmacologic action :

Tenoten has calming, anti-anxious (anxiolytic) effect without causing undesirable hypnogenic and miorelax effects. It improves the tolerance of psychoemotional loads, has stress-protective, nootropic, anti-amnestic, antihypoxic, neuroprotective, anti-asthenic, antidepressant action.

In conditions of intoxication, hypoxia, in conditions after acute disturbance of cerebral circulation Tenoten has neuroprotective effect, limits the damage zone, normalizes the learning and memory processes in the central nervous system.

Tenoten inhibits the processes of lipid peroxidation.

Tenoten modifies the functional activity of the S-100 protein which conjugates the synaptic (information) and metabolic processes in the brain. Providing GABA-mimetic and neurotrophic action, increases the activity of stress-limiting systems, contributes to the restoration of the processes of neuronal plasticity.

Indications :

- neurotic and neurosis-like conditions;
- psychosomatic diseases;
- stressor disorders with increased nervous tension, irritability, anxiety and vegetative reactions;
- moderately severe organic lesions of the central nervous system, incl. traumatic and discirculatory origin, accompanied by an unstable emotional background, irritability, memory loss, vegetative disorders.

Interaction :

There have been no incidents of incompatibility with other drugs

Dosing and Administration

Tenoten is taken orally. Tablets should be kept in the mouth until completely dissolved.

Take 1 or 2 tablets. 2 times a day, outside eating. If necessary, the frequency of reception can be increased up to 4 times per day. The course of treatment is 1-3 months; If necessary, the course of treatment can be extended to 6 months or repeated after 1-2 months.

If there is no persistent improvement in the condition within 3-4 weeks after the start of treatment, the patient should consult a doctor.

Special instructions

The medication includes lactose, and therefore it is not recommended to appoint patients with congenital galactosemia, glucose / galactose malabsorption syndrome or with congenital lactase deficiency.

Due to the activating properties of Tenoten it should be taken no later than 2 hours before bedtime.

Children and persons under the age of 18 years should use the "Tenoten for children"

There was no negative effect of Tenoten on the ability to drive vehicles and other potentially dangerous mechanisms.

Manufactured in Russia

Reliable supplier with fast Worldwide shipping

Extrapharmacy Online Store

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Storage : The temperature is not above 25 ° C. Keep out of the reach of children. Shelf-life of the drug is 3 years.