

Phenibut® instructions

translated from original Russian instructions by Extrapharmacy Online Store

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Name in Cyrillic : ФЕНИБУТ

Pharmacologic effect : Nootropic, tranquilizing

Pharmacodynamics:

Phenibut has elements of nootropic activity, has a tranquilizing effect, reduces tension, anxiety, improves sleep; Phenibut prolongs and intensifies the effect of hypnotics, opioid analgesics and neuroleptic substances. Phenibut does not possess an anticonvulsant activity.

Indications :

Asthenic and anxiety-neurotic states; Anxiety, fear; Insomnia; as a sedative before surgical interventions; Meniere's disease; dizziness associated with dysfunction of the vestibular apparatus; prevention of motion sickness; stuttering and ticking in children.

There is evidence of an increase in the effect of antiparkinsonian drugs under the influence of Phenibutum (due to the presence of a dopaminopositive component)

Contraindications : individual intolerance to the drug; pregnancy; the period of breast-feeding; liver failure.

Side effects

Usually phenibut is well tolerated. At the first reception of Phenibut or during an overdose - drowsiness may occur.

Interaction

Strengthens the action of anxiolytic, neuroleptic, hypnotic, narcotic and anticonvulsants.

Should not be combined with alcohol.

Dosing and Administration:

Phenibut should be taken after eating,

adults : 0.25-0.5 g 3 times a day for 2-3 weeks. If necessary - the dose may be increased to 0.75 g (patients over 60 years of age are prescribed no more than 0.5 g per reception).

children under 8 years - 0.05-0.1 g per reception;

from 8 to 14 years - 0.25 g per reception.

For relief of alcohol withdrawal symptoms: in the first days of treatment for 0.25-0.5 g 3 times during the day and 0.75 g per night, gradually reducing the dose.

For the prevention of motion sickness Phenibut is prescribed for 1 hour before the alleged onset of an attack or at the first signs, once for 0.25-0.5 g. After the onset of severe motion sickness (vomiting, etc.), the drug is ineffective.

Special instructions

Care must be taken when working with mechanisms.

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Storage

The temperature is not above 25 ° C.

Keep out of the reach of children.

Shelf-life of the drug is 3 years.