

Persen® instructions

translated from original Russian instructions by Extrapharmacy Online Store

<http://extrapharmacy.ru>

Name in Cyrillic : ПЕРСЕН

Each tablet contains :

50 mg of Valerian extract

25 mg of Lemon balm extract

25 mg of Peppermint extract

Pharmacologic action : Sedative of plant origin. Persen has a sedative and spasmolytic effect.

Indications:

- increased nervous excitability
- insomnia
- irritability

Contraindications:

- lactase deficiency, lactose intolerance, glucose-galactose malabsorption;
- deficiency of isomaltase, intolerance to fructose;
- arterial hypotension;
- cholangitis, cholelithiasis and other diseases of bile ducts;
- pregnancy;
- the period of lactation (breastfeeding);
- children's age till 12 years;
- hypersensitivity to the components of the drug.
- with caution should be given to patients with gastroesophageal reflux disease (GERD).

Side effects:

Allergic reactions: hyperemia, skin rash, peripheral edema, allergic dermatitis.

Respiratory system: bronchospasm.

Digestive system: with prolonged use - constipation.

Dosing and Administration

Persen tablets should be taken orally, washed down with water, regardless of food intake.

Adults and children over 12 years of age with increased nervous excitability, irritability : 2-3 tablets. 2-3 times per day;

For insomnia - 2-3 tabs 30 min-1 hour before bedtime.

The maximum daily dose is 12 tablets.

Withdrawal syndrome does not manifest after the cessation of treatment.

Do not use the drug continuously for more than 1.5-2 months.

Manufacturer : SANDOZ , Slovenia

Reliable supplier with fast Worldwide shipping

Extrapharmacy Online Store

<http://extrapharmacy.ru>

Storage

The temperature is not above 25 ° C.

Keep out of the reach of children.

Shelf-life of the drug is 3 years.