# Noophen<sup>®</sup> instructions

translated from original Russian instructions by Extrapharmacy Online Store <u>http://extrapharmacy.ru</u> Name in Cyrillic : HOOФEH

Active substance : Aminophenylbutyric acid hydrochloride

## Pharmachologic effect : Nootropic, tranquilizing

### Pharmacodynamics:

Noophen has elements of nootropic activity, has a tranquilizing effect, reduces tension, anxiety, improves sleep; Noophen prolongs and intensifies the effect of hypnotics, opioid analgesics and neuroleptic substances. Noophen does not possess an anticonvulsant activity.

### Indications :

Asthenic and anxiety-neurotic states; Anxiety, fear; Insomnia; as a sedative before surgical interventions; Meniere's disease; dizziness associated with dysfunction of the vestibular apparatus; prevention of motion sickness; stuttering and ticking in children.

There is evidence of an increase in the effect of antiparkinsonian drugs under the influence of Noophenum (due to the presence of a dopaminopositive component)

**Contraindications :** individual intolerance to the drug; pregnancy; the period of breast-feeding; liver failure.

### Side effects

Usually noophen is well tolerated. At the first reception of Noophen or during an overdose - drowsiness may occur.

### Interaction

Strengthens the action of anxiolytic, neuroleptic, hypnotic, narcotic and anticonvulsants. Should not be combined with alcohol.

### **Dosing and Administration:**

Noophen should be taken after eating,

adults : 0.25-0.5 g 3 times a day for 2-3 weeks. If necessary - the dose may be increased to 0.75 g (patients over 60 years of age are prescribed no more than 0.5 g per reception).

children under 8 years - 0.05-0.1 g per reception; from 8 to 14 years - 0.25 g per reception.

For relief of alcohol withdrawal symptoms: in the first days of treatment for 0.25-0.5 g 3 times during the day and 0.75 g per night, gradually reducing the dose.

For the prevention of motion sickness Noophen is prescribed for 1 hour before the alleged onset of an attack or at the first signs, once for 0.25-0.5 g. After the onset of severe motion sickness (vomiting, etc.), the drug is ineffective.

Special instructions : Care must be taken when working with mechanisms.

Manufacturer : OlainFarm, Latvia

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**Storage** : The temperature is not above 25 ° C. Keep out of the reach of children. Shelf-life of the drug is 2 years.